

Imagine

Imagine the perfect apartment home, nestled into the heart of historic Old Louisville. A peaceful community. Treyton Oak Towers is a timeless blend of comfort and elegance among tranquil, tree-lined streets, just minutes from the performing arts, dining, shopping, and so much more. A place that offers a continuum of care, in a warm, friendly, and secure environment. In other words, your perfect place.

Come visit Treyton Oak Towers and see how you can live life in full bloom.

OUR MISSION

To provide the highest quality of individualized care for our residents, treating all with dignity and respect while honoring our Christian foundation:

“If you see a hurt, heal it.
If you see a need, fill it.”

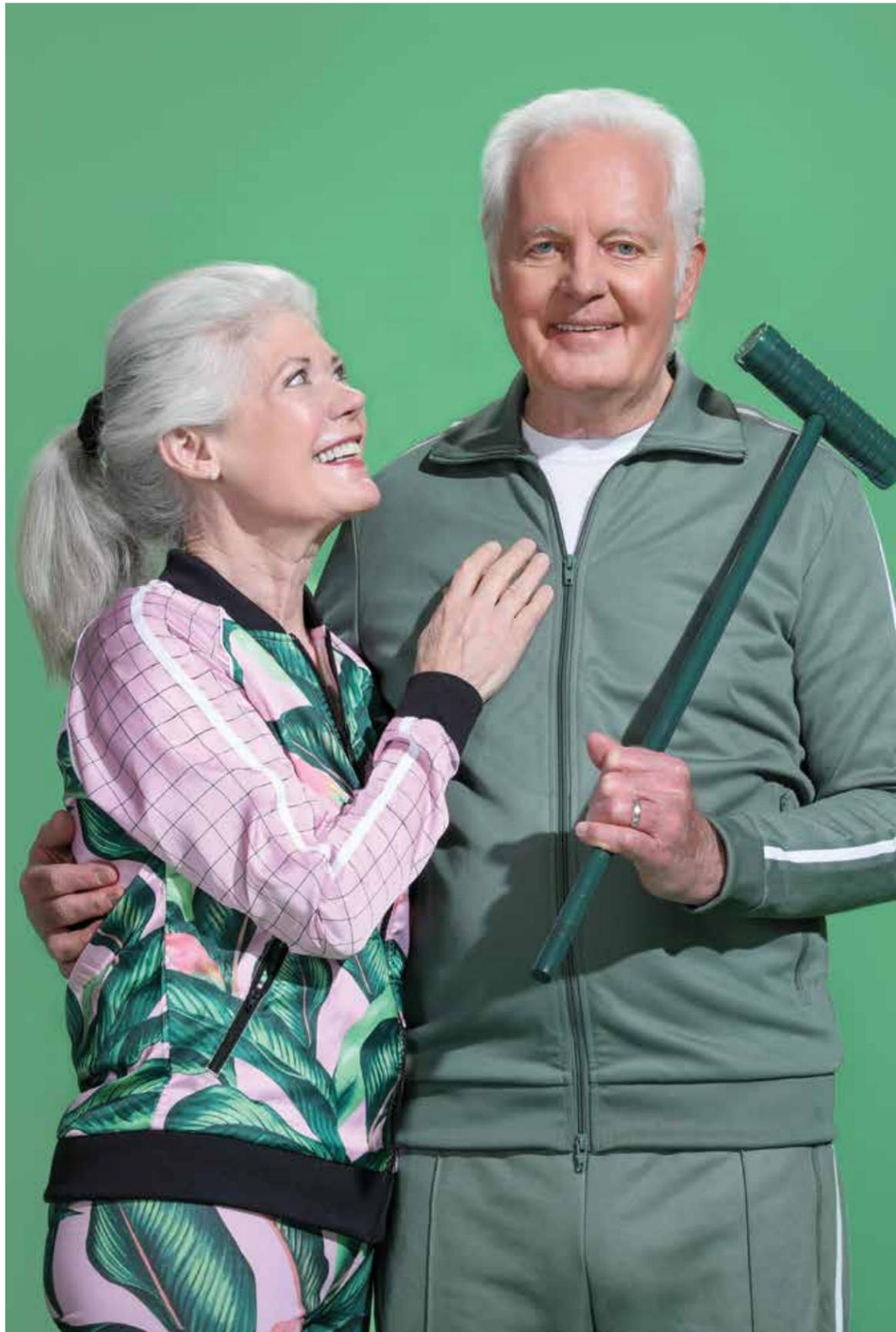
Dr. Wayne Dehoney

OUR VISION

Providing a continuum of care for diverse seniors with excellence that is second to none.

Many different flowers make a beautiful bouquet

At Treyton Oak Towers, we pride ourselves in welcoming people from all walks of life—every race, religion, creed, and culture is accepted and represented here. Our strength comes from our differences, not our similarities.



So much to enjoy —

Retirement isn't an ending. It's the beginning of a brand new chapter, with endless possibilities, and freedom to pursue new avenues. At Treyton Oak Towers, we want to support these new pursuits. Take up new hobbies. Learn new skills. Meet new friends. Or, just relax! We are here to help you find the things that matter to you, that make you happy.

ELEGANT DINING

Each day, our chefs prepare a delicious lunch and dinner of your choice in our beautifully appointed Fleur De Lis dining room. A continental breakfast is offered as well. Enjoy our Brunch Buffet every other Sunday in addition to various cookouts and other special events. During frequently scheduled outings, our drivers will take you grocery shopping to fill your cupboard with the comforts of home.

ONGOING ACTIVITIES

At Treyton Oak Towers, we want you to stay as active as you want to be. We offer a wide range of classes, activities, and services, so you'll never find a dull moment. These activities include exercise classes, yoga, Tai Chi, movie nights, book clubs, Wii bowling, lectures, and musical performances.

We also have intellectual and spiritual offerings such as Stretching the Mind, Conversations on Race, weekly in-house devotionals, grief support group, Night at the Opera, and Circle of Compassion.





ELEGANT LIVING

We don't just want you to feel at home at Treyton Oak Towers, we want you to shape your space into the home you want. Our apartments incorporate modern elements alongside classic designs, and can be transformed and customized to your tastes.

Take advantage of our library, green house, art studio, wellness center, and gardens. With the many services provided on site, such as full service banking, hair and nail salon, dental office, and convenience market, you'll find that daily life has never been easier.



Custom home



Custom home



Custom home

THE HEART OF LOUISVILLE, IN THE HEART OF OLD LOUISVILLE

Our campus is located in the middle of Old Louisville, the nation's largest preservation district, comprised almost entirely of Victorian architecture. Explore restaurants new and old, take part in the many festivals such as the St. James Art Fair, enjoy a stroll through Central Park, or take a walking tour of the neighborhood. You'll soon find the same pride that we've found in our more than 35 years of being a part of this lovely community.





**Welcome
home**

Service and Care

Everyone's needs change as the years go by. Treyton Oak Towers is designed specifically to meet those changing needs, so that you can continue to live in the same warm, caring environment, regardless of how your circumstances may change. When you choose us for independent apartment living, you can take comfort in knowing that personal and skilled nursing care is available to you should the need arise in the future.

APARTMENT HOMES

Choose from 13 different one- or two-bedroom floor plans, all available with wall-to-wall flooring options, window treatments, and fully equipped kitchens. Our apartments are highly customizable and allow residents to enjoy our community while still providing a high degree of privacy.

- Bright, spacious apartment homes
- Full size kitchen appliances
- Individual heat / air conditioning controls
- Ample closet space and personal storage area
- Emergency call signal in each bathroom and bedroom
- All utilities furnished (excluding telephone and internet)
- Housekeeping service twice each month
- Flat laundry service once each week
- Covered, reserved, and valet parking



PERSONAL CARE

Whether you are completely self sufficient, or if you need assistance with daily living activities, you're going to appreciate the warm and caring professionals at Treyton Oak Towers. From a little help getting out of the shower, managing medications, or assistance getting dressed, we offer around the clock support.

- 24-hour licensed nursing staff
- Breakfast, lunch, and dinner provided
- Daily activities planned by a full-time activities supervisor
- 24-hour security
- Prompt, courteous maintenance personnel





OTHER SERVICES AND AMENITIES

- Daily well-being checks
- Prompt, courteous maintenance personnel
- Private dining room for personal entertaining and meetings
- Daily activities planned by our Director of Activities
- Convenience Market open Monday through Friday
- Full-service bank branch
- Notary services by appointment
- Beautiful library
- Full service hair salon with manicurist
- Scenic rooftop deck
- Greenhouse and art studio
- Full service dental office
- Massage suite with masseuse on site
- Gardens and walking path



SKILLED NURSING SERVICES

For over 30 years, Treyton Oak Towers has rendered superior 24-hour nursing care and a wide range of rehabilitation services. Because our quality and staffing measures are above average state and national requirements, you can rest assured that you will receive the best possible care.

- 24-hour licensed nursing staff
- Full range of therapeutic services and restorative care 5–7 times a week
- Physical, Occupational, and Speech Therapy available to independent and Personal Care residents
- Personalized laundry services
- Housekeeping and linen services
- On-going performance improvement program
- Social services with transitions to return to community
- Individualized activities and programs
- Registered dietitian
- Specialized menus to meet the dietary needs of each resident
- In-house chaplain
- Hospice care offered
- Continuity of care provided by employees of Treyton Oak Towers
- Care overseen by medical director and, as warranted, a physiatrist
- Nurse Practitioner on site 5 days a week





Oak Branch Companions

SOCIALIZATION

- Personalized accompaniment to activities and religious services
- Transportation to local restaurants

DESTINATION OUTINGS

- Bernheim Forest
- Museum tours
- Shopping mall excursions
- Coffee Concert Series
- Ballet
- Opera
- Restaurant excursions

HOMEMAKER SERVICES

- Ironing, laundry, organizing closets
- Preparing meals, grocery shopping
- Organizing mail and letter composition

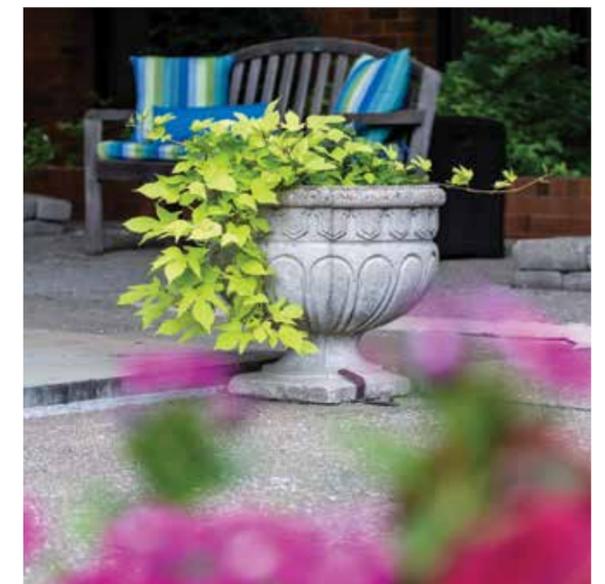
COMPANIONSHIP

- Personalized companion to doctor appointments
- Accompany you to hair salons and personal appointments
- Banking and business appointments

Towers Program

Individualized care tailored to meet specific needs is available through an array of support services offered. Our philosophy is to provide services that allow individuals to remain as independent as possible for as long as possible in the most cost effective manner. Continual assessment and communication by our staff with our residents and families provides us with the ability to provide the highest level of independence with a transition through the continuum of care as needed.

- Assist with organizing and administering medications
- Morning and evening care: 15 minutes each of assisting residents to transition to day or night by providing assistance with daily routines
- Assist with bathing or showering



A life like none other

Our residents continue to benefit from the consistency and continuity of the original non-profit vision created by the founders of Treyton Oak Towers over thirty five years ago. Thanks to the longevity of our Board of Directors and supporters, the quality of services and care at Treyton Oak Towers is second to none.

Welcome home.