

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Room Key:</b> <b>OR=Oak Room</b> <b>KR=Kentucky Room</b> <b>ML=Main Lobby</b> <b>Chapel=Apt. 521</b> <b>JR=Jefferson Room</b> <b>CC=Coffee Cafe</b>		<b>1</b> 10:15-Strength & Balance (OR) 1:30-Sit & Fit Class (OR) 1:30-Book Mobile (KR) 2-Blood Pressure Clinic (#515) 2:00-Knitting Bee (ML) 5:30-Music with Kevin Hill (ML) 7:00-Rick Steves Travel Video <i>Paris: Regal &amp; Intimate Paris-Embracing Life and Art</i> (JR)	<b>2</b> 9:30-Flexercise Class (OR) 10:30-Chair Yoga (OR) 11:00-Devotion with Marlene Hourigan (Chapel) <b>*Social Hour*</b> 4 to 5 p.m. – Main Lobby TOT's Great Drama Series Arthur Miller's <i>"Death of a Salesman"</i> (JR) Shown in Two Parts – 4 & 7 p.m.	<b>3</b> <b>Flu Shot and Covid Booster Clinic</b> <b>9 to 11:30 – Oak Room</b> 1:30-Sit and Fit Class (OR) 2:00-Scrabble (KR) 7-Popcorn and a Movie (JR) <i>"Avalon"</i> PG (2000) 128 Mins.	<b>4</b> 9:30-Flexercise Class (OR) 10:00-Grocery Shopping 10:15-Forever Fit Class (OR) 10:30-Wii Bowling (KR) 7:00-Popcorn & a Movie (JR) <i>"Mansfield Park"</i> PG-13 (1999)	<b>5</b> 9:30-Video Exercise with Bro. Mike (OR) 2:00-Movie Matinee (JR) <i>"Avalon"</i> PG (2000) 128 Mins. 7:30-U of L Football vs James Madison (JR)  <b>Set your clocks BACK 1 hour tonight!</b>
<b>6</b> Van to Local Churches 2:00- Documentary (JR) <i>"Alone in the Wilderness"</i> Part I 7:00-Movie- (JR) <i>"Mansfield Park"</i> PG-13 (1999) <small>Daylight Saving Time Ends</small>	<b>7</b> 9:30-Resident Board Mtg. (JR) 9:30-Coffee & Donuts (OR) 10-Resident Council Mtg. (OR) 11:00-Grocery Shopping #1 1:30-Catholic Communion (Chapel) 2:00-Grocery Shopping #2 <b>~Service of Remembrance~</b>	<b>8</b> <b>10:00-Transport to Polls</b> 10:15-Strength & Balance (OR) <b>L&amp;N Credit Union 11 to 2 - CC</b> 1:30-Sit & Fit Class (OR) 2-Blood Pressure Clinic (#515) <b>2:00-Transport to Polls</b> 2:00-Knitting Bee (ML) 5:30-Music with Kevin Hill (ML) 7-Rick Steves Travel Video (JR) <i>Highlights of Paris: Eiffel &amp; Monet To Crème Brulee; France's Loire: Chateau Country</i>	<b>9</b> 9:30-Flexercise Class (OR) 10:30-Chair Yoga (OR) 11:00-Devotion with Deacon Bill Klump (Chapel) 2:00-Dominoes(OR)	<b>10</b> 9:30-Flexercise Class (OR) 10:15-Strength & Balance (OR) 10:00-Shopping at Walgreens <b>"Friendsgiving"</b> 11:30 a.m to 1 p.m. – MDR 1:30-Sit and Fit Class (OR) 2:00-Scrabble (KR) 7-Popcorn and a Movie (JR) <i>"Guys and Dolls"</i> Not Rated (1955) 2 Hours 29 Mins.	<b>11</b>  <b>Veterans Day Service</b> <b>11:00 a.m. – Oak Room</b> 2:00-Grocery Shopping 7:00-Popcorn & a Movie (JR) <i>"McFarland USA"</i> PG (2015) 129 Mins. <small>Veterans Day Remembrance Day (Canada)</small>	<b>12</b> 9:30-Video Exercise with Bro. Mike (OR) 2:00-Movie Matinee (JR) <i>"Guys and Dolls"</i> Not Rated (1955) 2 Hours 29 Mins. 7:00-Popcorn & a Movie (JR) <i>"McFarland USA"</i> PG (2015) 129 Mins. U of L Football vs Clemson (TBA) <b>**Movie times are subject to change pending game time**</b>
<b>13</b> Van to Local Churches 1:15-Depart for KY Opera's <i>"Maria de Buenos Aires"</i> 2:00-Documentary (JR) <i>"Alone in the Wilderness"</i> Part II 7:00-Movie (JR) <i>"Guys and Dolls"</i> Not Rated (1955) 2 Hours 29 Mins.	<b>14</b> 9:30-Flexercise Class (OR) 10:00-Grocery Shopping #1 10:15-Fun & Fit Class (OR) 1:30-Catholic Communion (Chapel) 2:00-Grocery Shopping #2 2:00-BUNCO (KR) 4:30-Depart for Dinner at Red Robin 7:30-Berlin Philharmonic (OR)	<b>15</b> 10:15-Strength & Balance (OR) 1:30-Sit & Fit Class (OR) 2-Blood Pressure Clinic (#515) 2:00-Knitting Bee (ML) 5:30-Music with Kevin Hill (ML) 7-Rick Steves Travel Video (JR) <i>Paris Side-Trips Normandy: War-Torn Yet Full of Life</i>	<b>16</b> 9:30-Flexercise Class (OR) 10:30-Chair Yoga (DR) The 2 <sup>nd</sup> Act Presents: <i>"Crooners &amp; Broadway"</i> 11:00 a.m. – Oak Room 12:00-November Birthday Lunch 2:00-Catholic Mass (Chapel) Ostling's Night at the Opera Bizet's <i>"Carmen"</i> Shown in Two Parts: 4 & 7 (JR)	<b>17</b> 9:30-Flexercise Class (OR) 10:15-Strength & Balance Class (OR) <b>Bake Sale &amp; Hot Dog Sale</b> <b>11 a.m. to 1 p.m. – Oak Room</b> 1:30- Sit & Fit (OR) 2:00-Scrabble (KR) 7:00-Popcorn & a Movie (JR) <i>"King Kong"</i> PG-13 (2006) 3 Hours	<b>18</b> 9:30-Flexercise Class (OR) 10:00-Grocery Shopping 10:15-Forever Fit Class (OR) 10:30-Wii Bowling (KR) 12-Papa John's Pizza (OR) 1:30-Bingo! (OR) 7:00-Popcorn & a Movie (JR) <i>"Double Indemnity"</i> Not Rated (1944) 1 Hour 48 Mins.	<b>19</b> 9:30-Video Exercise with Bro. Mike (OR) 2:00-Movie Matinee (JR) <i>"King Kong"</i> PG-13 (2006) 3 Hours 7:00-Popcorn & a Movie (JR) <i>"Double Indemnity"</i> Not Rated (1944) 1 Hour 48 Mins. U of L Football vs NC State (TBA) <b>**Movie times are subject to change pending game time**</b>
<b>20</b> Van to Local Churches 2:00-Documentary (JR) <i>"Music Makes a City"</i> 7:00-Movie (JR) <i>"King Kong"</i> PG-13 (2006) 3 Hours	<b>21</b> 9:30-Flexercise Class (OR) 10:00-Grocery Shopping #1 10:15-Fun & Fit Class (OR) 1:30-Catholic Communion (Chapel) 2:00-Grocery Shopping #2 2:00-Clackers (KR) 7:30-Berlin Philharmonic (OR)	<b>22</b> 10:15-Strength & Balance (OR) <b>L&amp;N Credit Union 11 to 2 - CC</b> 1:30-Sit & Fit Class (OR) 2-Blood Pressure Clinic (#515) 2:00-Knitting Bee (ML) 5:30-Music with Kevin Hill (ML) 7-Rick Steves Travel Video (JR) <i>Provence: Legendary Light, Wind, and Wine French Riviera: Uniquely Chic</i>	<b>23</b> 9:30-Flexercise Class (OR) 10:30-Chair Yoga (OR) **There will be NO Devotion Today**	<b>24</b> <b>Thanksgiving Day Buffet</b> 11:30 a.m. to 2:00 p.m.  7:00-Popcorn & a Movie (JR) <i>"Top Gun Maverick"</i> PG-13 (2020) 130 Mins. <small>Thanksgiving Day (US)</small>	<b>25</b> <b>The Business Office will be CLOSED today.</b> 9:30-Flexercise Class (OR) 10:00-Grocery Shopping 10:15-Forever Fit Class (OR) 10:30-Wii Bowling (KR) 7:00-Popcorn & a Movie (JR) <i>"HUD"</i> Not Rated (1963) 111 Mins.	<b>26</b> 9:30-Video Exercise with Bro. Mike (OR) <b>The Governors Cup</b> <b>University of Louisville</b> <b>Cardinals</b> <b>vs</b> <b>University of Kentucky</b> <b>Wildcats</b> Time TBA (JR)
<b>27</b> Van to Local Churches 2:00-Movie (JR) <i>"Top Gun Maverick"</i> PG-13 (2020) 130 Mins. 7:00-Movie (JR) <i>"HUD"</i> Not Rated (1963) 111 Mins.	<b>28</b> 9:30-Flexercise Class (OR) 10:00-Grocery Shopping #1 10:15-Fun & Fit Class (OR) 1:30-Catholic Communion (Chapel) 2:00-Grocery Shopping #2 2:00-Kuralen Trio in Concert (OR) 7:30-Berlin Philharmonic (OR)	<b>29</b> 10:15-Strength & Balance (OR) 1:30-Sit & Fit Class (OR) 2-Blood Pressure Clinic (#515) 2:00-Knitting Bee (ML) <b>L&amp;N Credit Union 11 to 1 - KR</b> 5:30-Music with Kevin Hill (ML) 7-Rick Steves Travel Video (JR) <i>Burgundy: Profoundly French</i>	<b>30</b> 9:30-Flexercise Class (OR) 10:30-Chair Yoga (OR) 11:00-Devotion with Dr. Jim Cobban (Chapel) 7-Special 5 <sup>th</sup> Wednesday Presentation The Royal Ballet presents: <i>"Romeo &amp; Juliet"</i> With music by: Sergei Prokofiev 130 Minutes (JR)	<h1>November 2022</h1> <h2>Treyton Oak Towers</h2> <h3>Independent Living Activities</h3>		