

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00-Coffee Chat 1 10:30-Walnut Street Church Service (2 nd Floor AR) 1:00-Walking Group 2:00-Resident's Game Choice 3:00-Arts & Crafts <small>New Year's Day</small>	9:30-Coffee & Donuts 2 11:00-Sit and Fit Class 1:30-Catholic Communion (Chapel) 2:30 Bingo 4:00-Art Workshop	10:00-11:30-Nail Care 3 1:00-Walking Club 2:00-Richard Spalding On Piano (Main Lobby) 2:30-Kitchen Creations 4:00-Trivia Tuesday	10:00-Hot Chocolate & Current Events 4 10:30-Indoor Morning Walk 11:00-Devotion (Chapel) 1:00-Sit & Fit Class 2:30- Musical Saran Wrap Game 4:00-Name That Old TV Show!	9:30-Coffee & Donuts 5 1:00-Walking Club 2:00-Baking Club 3:00-Bingo 4:00-Best Recollections 5:45-Evening Table Talk	10:00-Good News Stories 6 10:30-Indoor Morning Walk 1:00-Sit & Fit Class 2:00-Happy Hour 3:00-Corn Hole 4:00-Yahtzee	9:30-Coffee Chat & Room Visits 7 10:30-Table Talk 1:00-Exercise Class 2:00-Residents Game Choice 3:00-Arts & Crafts
10:00-Coffee Chat 8 10:30-Walnut Street Church Service (2 nd Floor AR) 1:00-Walking Group 2:00-Resident's Game Choice 3:00-Arts & Crafts	9:30-Coffee & Donuts 9 11:00-Sit and Fit Class 1:30-Catholic Communion (Chapel) 2:00-Jewelry Crafts with Mel 3:15-Bingo 4:00-Art Workshop	9:00-11:30-Nail Care 10 1:00-Walking Club 2:00-Richard Spalding On Piano (Main Lobby) 2:30-Kitchen Creations 4:00-Trivia Tuesday 5:30-Music with Kevin Hill	10:00-Hot Chocolate & Current Events 11 10:30-Indoor Morning Walk 11:00-Devotion (Chapel) 1:00-Sit & Fit Class 2:30-Resident Council Meeting 4:00- You Be the Judge!	9:30-Coffee & Donuts 12 1:00-Walking Club 2:00-Baking Club 3:00-James Ford on Piano (Oak Room) 4:00-Best Recollections 5:45-Evening Trivia	10:00-Good News Stories 13 10:30-Indoor Morning Walk 1:00-Sit & Fit Class 2:00-Happy Hour 3:00-Speed Bingo 4:00-Uno Card Game	9:30-Coffee Chat & Room Visits 14 10:30-Table Talk 1:00-Exercise Class 2:00-Residents Game Choice 3:00-Arts & Crafts
10:00-Coffee Chat 15 10:30-Walnut Street Church Service (2 nd Floor AR) 1:00-Walking Group 2:00-Resident's Game Choice 3:00-Arts & Crafts	9:30-Coffee & Donuts 16 11:00-Sit and Fit Class 1:30-Catholic Communion (Chapel) 2:30-Speed Bingo 3:00-Music with Misha Feign 4:00-Art Workshop <small>Martin Luther King Jr. Day</small>	9:00-11:30-Nail Care 17 1:00-Walking Club 2:00-Richard Spalding On Piano (Main Lobby) 2:30-Kitchen Creations 4:00-Trivia Tuesday 5:30-Music with Kevin Hill	10:00-Hot Chocolate & Current Events 18 10:30-Indoor Morning Walk 1:00-Sit & Fit Class 2:30-Penny Ante Game 4:00-Boggle Game	9:30-Coffee & Donuts 19 1:00-Walking Club 2:00-Baking Club 3:00-Bingo 4:00-Best Recollections 5:30- Music with Kevin Hill	10:00-Good News Stories 20 10:30-Indoor Morning Walk 1:00-Sit & Fit Class 2:00-Happy Hour 3:00-Ring Toss 3:30-Popcorn & A Movie	9:30-Coffee Chat & Room Visits 21 10:30-Table Talk 1:00-Exercise Class 2:00-Residents Game Choice 3:00-Arts & Crafts
10:00-Coffee Chat 22 10:30-Walnut Street Church Service (2 nd Floor AR) 1:00-Walking Group 2:00-Resident's Game Choice 3:00-Arts & Crafts <small>Chinese New Year (Year of the Rabbit)</small>	9:30-Coffee & Donuts 23 11:00-Sit and Fit Class 1:30-Catholic Communion (Chapel) 2:30 Bingo 4:00-Art Workshop <small>Activity Professionals Week</small>	9:00-11:30-Nail Care 24 1:00-Walking Club 2:00-Richard Spalding On Piano (Main Lobby) 2:30-Kitchen Creations 4:00-Trivia Tuesday 5:30-Music with Kevin Hill	10:00-Hot Chocolate & Current Events 25 10:30-Indoor Morning Walk 11:00-Devotion (Chapel) 1:00-Sit & Fit Class 2:30-Penny Ante Game 4:00-Guess in 1078	9:30-Coffee & Donuts 26 1:00-Walking Club 2:00-Baking Club 3:00-Scrabble 4:00-Best Recollections 5:45- Evening Trivia <small>Australia Day (observed)</small>	10:00-Good News Stories 27 10:30-Indoor Morning Walk 1:00-Sit & Fit Class 2:00-Happy Hour 3:00-Speed Bingo 4:00-Connect 4 Tournament	9:30-Coffee Chat & Room Visits 28 10:30-Table Talk 1:00-Exercise Class 2:00-Residents Game Choice 3:00-Arts & Crafts
10:00-Coffee Chat 29 10:30-Walnut Street Church Service (2 nd Floor AR) 1:00-Walking Group 2:00-Resident's Game Choice 3:00-Arts & Crafts	9:30-Coffee & Donuts 30 11:00-Sit and Fit Class 1:30-Catholic Communion (Chapel) 2:30 Bingo 4:00-Art Workshop	9:00-11:30-Nail Care 31 1:00-Walking Club 2:00-Richard Spalding On Piano (Main Lobby) 2:30-Kitchen Creations 4:00-Trivia Tuesday 5:30-Music with Kevin Hill	<h1>January 2023</h1> <h2>Personal Care & Memory Care Activities</h2>			

*Activities Subject to Change.