

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2023

## Independent Living Activity Calendar –

<p>Van to Local Churches</p> <p>2:00-Home Fires (JR) Episode #5</p> <p>7:00-Movie (JR) "A Streetcar Named Desire"</p> <p>Rated: PG (1951) 122 Minutes B&amp;W</p>	<p>9:30-Resident Bd. Mtg (KR)</p> <p>9:30-Coffee &amp; Donuts (OR)</p> <p>10-Resident Council (OR)</p> <p>11:00-Grocery Shopping #1</p> <p>1:30-Catholic Communion (Chapel)</p> <p>2:00-BUNCO! (KR)</p> <p>3:00-Grocery Shopping #2</p> <p>7-Berlin Philharmonic (JR)</p> <p>Purim Begins</p>	<p>10-Strength &amp; Balance (OR)</p> <p>1:30-Sit &amp; Fit Class (OR)</p> <p>1:30-Bookmobile (KR)</p> <p>2-Blood Pressure Clinic (#515)</p> <p>2:00-The Knitting Bee (ML)</p> <p>3-VLS "How the Earth Works"</p> <p>5:30-Music with Kevin Hill (ML)</p> <p>7-Rick Steves' Travel Video</p>	<p>10:00-Flexercise Class (OR)</p> <p>10:45-Yoga Stretch (OR)</p> <p>11:00-Devotion with Marlene Hourigan (Chapel)</p> <p>11-Garden Committee (KR)</p> <p><b>*Social Hour*</b></p> <p><b>3 to 4 p.m.</b></p>	<p>10-Strength &amp; Balance (OR)</p> <p>11-Shopping at Walgreens</p> <p>1:30-Sit &amp; Fit Class (OR)</p> <p>2:00-Scrabble (KR)</p> <p>7-Popcorn &amp; a Movie (JR) "Where the Crawdads Sing"</p> <p>Rated: PG-13 (2022) 2 Hours 5 Minutes</p>	<p>10:00-Flexercise Class (OR)</p> <p>10:00-Grocery Shopping</p> <p>10:30-Wii Bowling (KR)</p> <p>10:45-Forever Fit Class(OR)</p> <p>2-VLS"The World at War" (JR)</p> <p>7-Popcorn &amp; a Movie (JR) "Field of Dreams"</p> <p>Rated: PG (1989) 1 Hour 47 Minutes</p>	<p>10:00-Video Exercise with Bro. Mike (OR)</p> <p>2:00-Movie Matinee (JR) "Field of Dreams"</p> <p>Rated: PG (1989) 1 Hour 47 Minutes</p> <p>7-Popcorn &amp; a Movie (JR) "Where the Crawdads Sing"</p> <p>Rated: PG-13 (2022) 2 Hours 5 Minutes</p>
<p>Van to Local Churches</p> <p>2:00-Home Fires (JR) Episode #5</p> <p>7:00-Movie (JR) "A Streetcar Named Desire"</p> <p>Rated: PG (1951) 122 Minutes B&amp;W</p>	<p>9:30-Resident Bd. Mtg (KR)</p> <p>9:30-Coffee &amp; Donuts (OR)</p> <p>10-Resident Council (OR)</p> <p>11:00-Grocery Shopping #1</p> <p>1:30-Catholic Communion (Chapel)</p> <p>2:00-BUNCO! (KR)</p> <p>3:00-Grocery Shopping #2</p> <p>7-Berlin Philharmonic (JR)</p> <p>Purim Begins</p>	<p>10-Strength &amp; Balance (OR)</p> <p>1:30-Sit &amp; Fit Class (OR)</p> <p>1:30-Bookmobile (KR)</p> <p>2-Blood Pressure Clinic (#515)</p> <p>2:00-The Knitting Bee (ML)</p> <p>3-VLS "How the Earth Works"</p> <p>5:30-Music with Kevin Hill (ML)</p> <p>7-Rick Steves' Travel Video</p>	<p>10:00-Flexercise Class (OR)</p> <p>10:45-Yoga Stretch (OR)</p> <p>11:00-Devotion with Chaplain Steve (Chapel)</p> <p>7-TOT's Great Drama Series Bernard Shaw's "The Millionairess"</p>	<p>10-Strength &amp; Balance (OR)</p> <p>10:45-Lunch at Uptown Cafe</p> <p>1:30-Sit &amp; Fit Class (OR)</p> <p>2:00-Scrabble (KR)</p> <p>7-Popcorn &amp; a Movie (JR) "Tea with Mussolini"</p> <p>Rated: PG (1999) 1 Hour 57 Minutes</p>	<p>9:30-Coffee Concert Bus #1</p> <p>10:00-Flexercise Class (OR)</p> <p>10-Coffee Concert Bus #2</p> <p>10:30-Coffee Concert Bus #3</p> <p>10:30-Wii Bowling (KR)</p> <p>10:45-Forever Fit Class(OR)</p> <p>2:00-Grocery Shopping</p> <p>2-VLS"The World at War" (JR)</p> <p>7-Popcorn &amp; a Movie (JR) "Murder on the Orient Express"</p> <p>(2010) 93 Minutes</p>	<p>10:00-Video Exercise with Bro. Mike (OR)</p> <p>2:00-Movie Matinee (JR) "Tea with Mussolini"</p> <p>Rated: PG (1999) 1 Hour 57 Minutes</p> <p>7-Popcorn &amp; a Movie (JR) "Murder on the Orient Express"</p> <p>(2010) Not Rated - 93 Minutes</p>
<p>Van to Local Churches</p> <p>2:00-Home Fires (JR) Episode #6</p> <p>7:00-Program (JR) "Celtic Thunder – The Show"</p> <p>(2008) 1 Hour 41 Minutes</p> <p>Daylight Saving Time Begins</p>	<p>8:30-Dr. Scott, Podiatrist</p> <p>10:00-Flexercise Class (OR)</p> <p>10:00-Grocery shopping #1</p> <p>10:45-Fun &amp; Fit Class (OR)</p> <p>1:30-Catholic Communion(C)</p> <p>3:00-Grocery Shopping #2</p> <p>4:30-Dinner at Mirage</p> <p>7-Berlin Philharmonic (JR)</p>	<p>10-Strength &amp; Balance (OR)</p> <p>L &amp; N Credit Union – 11 to 2</p> <p>1:30-Sit &amp; Fit Class (OR)</p> <p>2-Blood Pressure Clinic (#515)</p> <p>2:00-The Knitting Bee (ML)</p> <p>3-VLS "How the Earth Works"</p> <p>5:30-Music with Kevin Hill (ML)</p> <p>7-Rick Steves' Travel Video</p>	<p>10-Flexercise Class (OR)</p> <p>10:45-Yoga Stretch (OR)</p> <p>12-March Birthday Lunch</p> <p>2:00-Catholic Mass (Chapel)</p> <p>Shamrock Shuffleboard Tournament</p> <p>2:30 p.m. – Oak Room</p> <p>7-Ostling's Night at the Opera "L'etoile" (JR)</p>	<p>10-Strength &amp; Balance (OR)</p> <p>11-Shopping at Dollar Tree</p> <p>1:30-Sit &amp; Fit Class (OR)</p> <p>2:00-Scrabble (KR)</p> <p>7-Popcorn &amp; a Movie (JR) "The Shack"</p> <p>Rated: PG-13 (2017) 2 Hours 12 Minutes</p>	<p>10:00-Flexercise Class (OR) NO Forever Fit Today**</p> <p>10:00-Grocery Shopping</p> <p>10:30-Wii Bowling (KR)</p> <p>St. Patrick's Day Buffet</p> <p>11:30 to 1:30 Pot of Gold BINGO</p> <p>12:30 to 2 - Oak Room</p> <p>7-Popcorn &amp; a Movie (JR) "The Devil Wears Prada"</p> <p>PG-13 (2006) 1 Hour 46 Minutes</p>	<p>10:00-Video Exercise with Bro. Mike (OR)</p> <p>2:00-Movie Matinee (JR) "The Shack"</p> <p>Rated: PG-13 (2017) 2 Hours 12 Minutes</p> <p>7-Popcorn &amp; a Movie (JR) "The Devil Wears Prada"</p> <p>PG-13 (2006) 1 Hour 46 Minutes</p>
<p>Van to Local Churches</p> <p>2:00-Home Fires (JR) Episode #7</p> <p>2:15-Depart for "Merz Trio" Concert at Chamber Music Society</p> <p>7:00-Program (JR) "Absolutely Irish"</p>	<p>10:00-Flexercise Class (OR)</p> <p>10:00-Grocery shopping #1</p> <p>10:45-Fun &amp; Fit Class (OR)</p> <p>1:30-Catholic Communion(C)</p> <p>Kling Chamber Orchestra Concert &amp; Ice Cream Social</p> <p>2:00 p.m. – Oak Room</p> <p>3:00-Grocery Shopping #2</p> <p>7-Berlin Philharmonic (JR)</p> <p>Spring Begins</p>	<p>10-Strength &amp; Balance (OR)</p> <p>1:30-Sit &amp; Fit Class (OR)</p> <p>2:00-Blood Pressure Clinic (#515)</p> <p>2:00-The Knitting Bee (ML)</p> <p>3-VLS "How the Earth Works"</p> <p>5:30-Music with Kevin Hill (ML)</p> <p>7-Rick Steves' Travel Video</p>	<p>10:00-Flexercise Class (OR)</p> <p>10:45-Yoga Stretch (OR)</p> <p>11:00-Devotion with Dr. Jim Cobban (Chapel)</p> <p>1:30-Make a Spring Door Hanger with Cristi (KR)</p> <p>Ramadan Begins</p>	<p>10-Strength &amp; Balance</p> <p>10:45-Lunch at August Moon</p> <p>1:30-Sit &amp; Fit Class (OR)</p> <p>2:00-Scrabble (KR)</p> <p>3:00-Gabe Evans in Concert</p> <p>7-Popcorn &amp; a Movie (JR) "Bright Star"</p> <p>Rated: PG (2009) 1 Hour 59 Minutes</p>	<p>10:00-Flexercise Class (OR)</p> <p>10:00-Grocery Shopping</p> <p>10:30-Wii Bowling (KR)</p> <p>10:30-"Falls Prevention &amp; Safety Tips" with Megan King</p> <p>1:30-"Stretching the Mind" with Susan Clough (OR)</p> <p>2:00-Video Lecture Series: "The World at War" (JR)</p> <p>7-Popcorn &amp; a Movie (JR) "Hidden Figures" Rated: PG</p>	<p>10:00-Video Exercise with Bro. Mike (OR)</p> <p>2:00-Movie Matinee (JR) "Bright Star"</p> <p>Rated: PG (2009) 1 Hour 59 Minutes</p> <p>7-Popcorn &amp; a Movie (JR) "Hidden Figures" Rated: PG (2016) 2 Hours 7 Minutes</p>
<p>Van to Local Churches</p> <p>2:00-Home Fires (JR) Episode #8</p> <p>7:00-Movie (JR) "The Mask of Zorro"</p> <p>Rated: PG-13 (1998) 2 Hours 16 Minutes</p>	<p>10:00-Flexercise Class (OR)</p> <p>10:00-Grocery shopping #1</p> <p>10:45-Fun &amp; Fit Class (OR)</p> <p>1:30-Catholic Communion(C)</p> <p>The Silvernotes in Concert</p> <p>2:00 p.m. – Oak Room</p> <p>3:00-Grocery Shopping #2</p> <p>7-Berlin Philharmonic (JR)</p>	<p>10-Strength &amp; Balance (OR)</p> <p>L &amp; N Credit Union – 11 to 2</p> <p>1:30-Sit &amp; Fit Class (OR)</p> <p>2:00-Blood Pressure Clinic (#515)</p> <p>2:00-The Knitting Bee (ML)</p> <p>3-VLS "How the Earth Works"</p> <p>5:30-Music with Kevin Hill (ML)</p> <p>7-Rick Steves' Travel Video</p>	<p>10-Flexercise Class (OR)</p> <p>10:45-Yoga Stretch (OR)</p> <p>11:00-Devotion with Chaplain Steve (Chapel)</p> <p>2:00-BINGO!! (OR)</p> <p>3-Circle of Friendship (KR)</p> <p>7:00-Special 5<sup>th</sup> Wednesday Presentation: Tchaikovsky's Ballet "Sleeping Beauty"</p>	<p>10-Strength &amp; Balance (OR)</p> <p>10-Breakfast at Zeggs</p> <p>1:30-Sit &amp; Fit Class (OR)</p> <p>2:00-Scrabble (KR)</p> <p>7-Popcorn &amp; a Movie (JR) "Mona Lisa Smile"</p> <p>Rated: PG-13 (2003) 1 Hour 57 Minutes</p>	<p>10:00-Flexercise Class (OR)</p> <p>10:00-Grocery Shopping</p> <p>10:30-Wii Bowling (KR)</p> <p>10:45-Forever Fit Class(OR)</p> <p>2:00-Video Lecture Series: "The World at War" (JR)</p> <p>3-Conversation on Race(OR)</p> <p>7-Popcorn &amp; a Movie (JR) "Sully"</p> <p>Rated: (PG-13) 2016 – 96 Minutes</p>	<p>10:00-Video Exercise with Bro. Mike (OR)</p> <p>2:00-Movie Matinee (JR) "Bright Star"</p> <p>Rated: PG (2009) 1 Hour 59 Minutes</p> <p>7-Popcorn &amp; a Movie (JR) "Hidden Figures" Rated: PG (2016) 2 Hours 7 Minutes</p>