

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2023

## Personal Care & Memory Care Activities

			<p>10:00-Hot Chocolate &amp; Current Events <b>1</b></p> <p>10:30-Morning Walk</p> <p>11:00-Devotion (Chapel)</p> <p>1:00-Sit &amp; Fit Class</p> <p>2:00-Resident Council Meeting</p> <p>3:00-Punch on the Patio</p> <p>4:00-March IQ Trivia</p>	<p>9:30-Coffee &amp; Donuts <b>2</b></p> <p>1:00-Walking Club</p> <p>2:00-Baking Club</p> <p>3:00-Bingo</p> <p>4:00-Best Recollections</p> <p>5:45-Evening Table Talk</p>	<p>10:00-Good News Stories <b>3</b></p> <p>10:30-Indoor Morning Walk</p> <p>1:00-Sit &amp; Fit Class</p> <p>2:00-Happy Hour</p> <p>3:00-Corn Hole</p> <p>4:00-Yahtzee</p>	<p>9:30-Coffee Chat &amp; Room Visits <b>4</b></p> <p>10:30-Table Talk</p> <p>1:00-Exercise Class</p> <p>2:00-Residents Game Choice</p> <p>3:00-Arts &amp; Crafts</p>
<p>10:00-Coffee Chat <b>5</b></p> <p>10:30-Walnut Street Church Service (2<sup>nd</sup> Floor AR)</p> <p>1:00-Walking Group</p> <p>2:00-Resident's Game Choice</p> <p>3:00-Arts &amp; Crafts</p>	<p>9:30-Coffee &amp; Donuts <b>6</b></p> <p>11:00-Sit and Fit Class</p> <p>1:30-Catholic Communion (Chapel)</p> <p>2:00-Popcorn &amp; A Movie</p> <p>3:00-Music With Marie Augustine</p> <p>Purim Begins</p>	<p>10:00-11:30-Nail Care <b>7</b></p> <p>1:00-Walking Group</p> <p>2:30-Kitchen Creations</p> <p>4:00-Trivia Tuesday</p> <p>5:45-Saxophone Music With Kevin Hill (Main Lobby)</p>	<p>10:00-Hot Chocolate &amp; Current Events <b>8</b></p> <p>10:30-Indoor Morning Walk</p> <p>1:00-</p> <p>2:00</p> <p>3:00-</p>	<p>9:30-Coffee &amp; Donuts <b>9</b></p> <p>1:00-Walking Club</p> <p>2:00-Baking Club</p> <p>3:00-Bingo</p> <p>4:00-Best Recollections</p> <p>5:45-Popcorn &amp; A Movie</p>	<p>10:00-Coffee &amp; Donuts <b>10</b></p> <p>1:00-Sit &amp; Fit</p> <p>2:00-Ice Cream Social</p> <p>3:00-Music With Tyrone Cotton</p>	<p>9:30-Coffee Chat &amp; Room Visits <b>11</b></p> <p>10:30-Table Talk</p> <p>1:00-Exercise Class</p> <p>2:00-Residents Game Choice</p> <p>3:00-Arts &amp; Crafts</p>
<p>10:00-Coffee Chat <b>12</b></p> <p>10:30-Walnut Street Church Service (2<sup>nd</sup> Floor AR)</p> <p>1:00-Walking Group</p> <p>2:00-Resident's Game Choice</p> <p>3:00-Arts &amp; Crafts</p> <p>Daylight Saving Time Begins</p>	<p>9:30-Coffee &amp; Donuts <b>13</b></p> <p>11:00-Sit and Fit Class</p> <p>1:30-Catholic Communion (Chapel)</p> <p>2:00-Jewelry Crafts with Mel</p> <p>4:00-Paint to Music</p>	<p>10:00-11:30-Nail Care <b>14</b></p> <p>1:00-Walking Club</p> <p>2:30-Kitchen Creations</p> <p>4:00-Trivia Tuesday</p> <p>5:45-Saxophone Music With Kevin Hill (Main Lobby)</p>	<p>10:00-Hot Chocolate &amp; Current Events <b>15</b></p> <p>10:30-Indoor Morning Walk</p> <p>1:00-Sit &amp; Fit Class</p> <p>2:00-Catholic Mass</p> <p>2:30-Pennies in Game</p> <p>4:00-Boggle</p>	<p>9:30-Coffee &amp; Donuts <b>16</b></p> <p>1:00-Walking Club</p> <p>2:00-Baking Club</p> <p>3:00-Bingo</p> <p>4:00-Best Recollections</p> <p>5:45-Evening Table Talk</p>	<p>10:00-Good News Stories <b>17</b></p> <p>10:30-Indoor Morning Walk</p> <p>12:00-Lunch Outing to Cheddars</p> <p>1:00-Sit &amp; Fit Class</p> <p>3:00-St Patrick's Day Party</p> <p>4:00-Uno Card Game</p> <p>St. Patrick's Day</p>	<p>9:30-Coffee Chat &amp; Room Visits <b>18</b></p> <p>10:30-Table Talk</p> <p>1:00-Exercise Class</p> <p>2:00-Residents Game Choice</p> <p>3:00-Arts &amp; Crafts</p>
<p>10:00-Coffee Chat <b>19</b></p> <p>10:30-Walnut Street Church Service (2<sup>nd</sup> Floor AR)</p> <p>1:00-Walking Group</p> <p>2:00-Resident's Game Choice</p> <p>3:00-Arts &amp; Crafts</p>	<p>9:30-Coffee &amp; Donuts <b>20</b></p> <p>11:00-Sit and Fit Class</p> <p>1:30-Catholic Communion (Chapel)</p> <p>2:00-Kling Chamber Orchestra (Oak Room)</p> <p>3:00-Music with Misha Feign</p> <p>4:00-Paint to Music</p> <p>Spring Begins</p>	<p>10:00-11:30-Nail Care <b>21</b></p> <p>1:00-Walking Club</p> <p>2:30-Kitchen Creations</p> <p>4:00-Trivia Tuesday</p> <p>5:45-Saxophone Music With Kevin Hill (Main Lobby)</p>	<p>10:00-Hot Chocolate &amp; Current Events <b>22</b></p> <p>10:30-Indoor Morning Walk</p> <p>11:00-Devotion</p> <p>1:00-Sit &amp; Fit Class</p> <p>2:00-Baloon Tennis</p> <p>4:00-Guess in 10</p> <p>5:30-Music with Kevin Hill</p> <p>Ramadan Begins</p>	<p>9:30-Coffee &amp; Donuts <b>23</b></p> <p>1:00-Walking Club</p> <p>2:00-Baking Club</p> <p>3:00-Gabe Evens in Concert (Oak Room)</p> <p>4:00-Best Recollections</p> <p>5:45-Evening Table Talk</p>	<p>10:00-Good News Stories <b>24</b></p> <p>10:30-Indoor Morning Walk</p> <p>1:00-Sit &amp; Fit Class</p> <p>2:00-Happy Hour</p> <p>3:00-Speed Bingo</p> <p>4:00-Connect 4 Tournament</p>	<p>9:30-Coffee Chat &amp; Room Visits <b>25</b></p> <p>10:30-Table Talk</p> <p>1:00-Exercise Class</p> <p>2:00-Residents Game Choice</p> <p>3:00-Arts &amp; Crafts</p>
<p>10:00-Coffee Chat <b>26</b></p> <p>10:30-Walnut Street Church Service (2<sup>nd</sup> Floor AR)</p> <p>1:00-Walking Group</p> <p>2:00-Resident's Game Choice</p> <p>3:00-Arts &amp; Crafts</p>	<p>10:00-Coffee Chat <b>27</b></p> <p>11:00-Sit and Fit Class</p> <p>1:30-Catholic Communion (Chapel)</p> <p>2:00- Silver Notes Choir (Oak Room)</p> <p>3:30-Speed Bingo</p> <p>4:00-Paint to Music</p>	<p>10:00-11:30-Nail Care <b>28</b></p> <p>1:00-Walking Club</p> <p>2:30-Kitchen Creations</p> <p>4:00-Trivia Tuesday</p> <p>5:45-Saxophone Music With Kevin Hill (Main Lobby)</p>	<p>10:00-Hot Chocolate &amp; Current Events <b>29</b></p> <p>10:30-Indoor Morning Walk</p> <p>11:00-Devotion</p> <p>1:00-Sit &amp; Fit Class</p> <p>2:00-Name That Tune</p> <p>3:30-Musical Saran Wrap Game</p>	<p>9:30-Coffee &amp; Donuts <b>30</b></p> <p>1:00-Walking Club</p> <p>2:00-Baking Club</p> <p>3:00-Bingo</p> <p>4:00-Best Recollections</p> <p>5:45-Evening Table Talk</p>	<p>10:00-Good News Stories <b>31</b></p> <p>10:30-Indoor Morning Walk</p> <p>1:00-Sit &amp; Fit Class</p> <p>Afternoon At the Louisville Zoo</p>	

\*Activities subject to change.