

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>ROOM KEY: KR=Kentucky Room OR=Oak Room C=Chapel JR=Jefferson Room ML=Main Lobby</p>	<p>9:30-Resident Bd. Mtg. (KR) 9:30-Coffee & Donuts (OR) 10:00-Resident Council (OR) 11:00-Grocery Shopping #1 12:30-Aquatic Therapy Pool 1:30-Catholic Communion (C) 3:00-Grocery Shopping #2 7-Berlin Philharmonic (JR)</p> <p>May Day</p>	<p>10-Strength & Balance (OR) CHOW WAGON!! 11 a.m. to 1 p.m. – Dining Room 1:30-Sit and Fit Class (OR) 1:30-Bookmobile (KR) 2-Blood Pressure Clinic (#515) 2:00-The Knitting Bee (ML) 3-VLS “How the Earth Works” 5:30-Music with Kevin (ML) 7-Rick Steves Travel Video (JR)</p>	<p>10:00-Flexercise Class (OR) 10:45-Yoga Stretch (OR) 11:00-Devotion with Marlene Hourigan (C) 2-The Harmonics of Louisville Concert & Coke Floats! (OR) *Social Hour* 3 to 4 p.m. – Main Lobby 7:00-Great Drama Series (JR) Thornton Wilder’s “Our Town”</p>	<p>10-Strength & Balance (OR) 11-Shopping at Walgreens 1:30-Derby Games (OR) “Hole in One,” “Connect 4,” “Shuffleboard,” “Cornhole” 2:00-Scrabble (KR) 7:00-Popcorn & a Movie (JR) “Double Indemnity” Not Rated (1944) 1 Hour 40 Mins.</p>	<p>10:00-Flexercise Class (OR) 10:00-Grocery Shopping DERBY JACKPOTS 10 a.m. to 12 p.m. – Lobby 10:30-Wii Bowling (KR) 10:45-Forever Fit Class (OR) 2-VLS “The World at War” (JR) 7:00-Popcorn & a Movie (JR) “Secretariat” Rated: PG (2010) 123 Mins. Cinco de Mayo</p>	<p>10:00-Video Exercise With Bro. Mike (OR) Derby Day Lunch Buffet 11:30 a.m. to 2:00 p.m. 2:00-Movie Matinee (JR) “The Light Keepers” Rated: PG (2009) 97 Minutes 6:30-The 149th Running of the Kentucky Derby (JR)</p>
<p>Van to Local Churches 2:00-Movie (JR) “Double Indemnity” Not Rated (1944) 1 Hour 40 Mins. 7:00-Movie (JR) “The Light Keepers” Rated: PG (2009) 97 Minutes</p>	<p>10:00-Flexercise Class (OR) 10:00-Grocery Shopping #1 10:45-Fun & Fit Class (OR) 12:30-Aqua Therapy Pool 1:30-Catholic Communion (C) 2:00-BUNCO! (KR) 3:00-Grocery Shopping #2 4:30-Dinner at Carrabba’s Italian Grill 7:00-Berlin Philharmonic (JR)</p>	<p>10-Strength & Balance (OR) L & N Credit Union 11 a.m. to 2 p.m. – Coffee Cafe 1:30-Sit and Fit Class (OR) 2-Blood Pressure Clinic (#515) 2:00-The Knitting Bee (ML) 3-VLS “How the Earth Works” 5:30-Music with Kevin (ML) 7:00-Rick Steves Travel Video (JR)</p>	<p>10:00-Flexercise Class (OR) 10:45-Yoga Stretch (OR) 11:00-Devotion with Chaplain Steve Cavanaugh (C) 2:30-Ice Cream Treats (ML)</p>	<p>10-Strength & Balance (OR) 10:30-Depart for Derby City Gaming 1:30-Sit and Fit Class (OR) 2:00-Scrabble (KR) 7:00-Popcorn & a Movie (JR) “Quartet” Rated: PG-13 (2012) 96 Minutes</p>	<p>9:30-Coffee Concert Bus #1 10:00-Coffee Concert Bus #2 10:00-Flexercise Class (OR) 10:30-Coffee Concert Bus #3 10:30-Wii Bowling (KR) 10:45-Forever Fit Class (OR) 2:30-VLS “The World at War” 7:00-Popcorn & a Movie (JR) “A Man Called Otto” Rated: PG-13 (2022) 2 Hours</p>	<p>10:00-Video Exercise With Bro. Mike (OR) 2:00-Movie Matinee (JR) “Educating Rita” Rated: PG (1983) 111 Minutes 7:00-Popcorn & a Movie (JR) “Quartet” Rated: PG-13 (2012) 96 Minutes</p>
<p>Van to Local Churches ~Mother’s Day Buffet~ 11:30 a.m. to 2 p.m. 2:00-Movie (JR) “Educating Rita” Rated: PG (1983) 111 Minutes 7:00-Movie (JR) “A Man Called Otto” Rated: PG-13 (2022) 2 Hours Mother’s Day National Skilled Nursing Week</p>	<p>8:30-Dr. Scott, Podiatrist 10:00-Flexercise Class (OR) 10:00-Grocery Shopping #1 10:45-Fun & Fit Class (OR) 12:30-Aqua Therapy Pool 1:30-Catholic Communion (C) 2:00-Ask the CEO (OR) 3:00-Grocery Shopping #2 7:00-Berlin Philharmonic (JR)</p>	<p>10-Strength & Balance (OR) 1:30-Sit and Fit Class (OR) 2-Blood Pressure Clinic (#515) 2:00-The Knitting Bee (ML) 3-VLS “How the Earth Works” **Please note: There will be No Kevin Hill this evening** 7:00-Rick Steves Travel Video (JR)</p>	<p>10:00-Flexercise Class (OR) 10:45-Yoga Stretch (OR) 12:00-May Birthday Lunch 2:00-Catholic Mass (C) 2:30-Ice Cream Treats (ML) 7:00-Ostling’s Night at the Opera Monteverdi’s “L’Orfeo” 1 Hour 41 Minutes</p>	<p>10-Strength & Balance (OR) 11-Shopping at Dollar Tree 1:30-Sit and Fit Class (OR) 2:00-Scrabble (KR) 3:00-Karaoke with Cristi (ML) 7:00-Popcorn & a Movie (JR) “Eight Men Out” Rated: PG (1988) (2 Hours)</p>	<p>10:00-Flexercise Class (OR) 10:00-Grocery Shopping 10:30-Wii Bowling (KR) 10:45-Forever Fit Class (OR) 12:00-Pizza Party (OR) 1:30-BINGO!! (OR) 2:30-VLS “The World at War” 7:00-Popcorn & a Movie (JR) “Women Talking” Rated: PG-13 (2022) 1 Hour 44 Minutes</p>	<p>10:00-Video Exercise With Bro. Mike (OR) 2:00-Movie Matinee (JR) “The Other Boleyn Girl” Rated: PG-13 (2008) 1 Hour 44 Minutes 7:00-Popcorn & a Movie (JR) “Women Talking” Rated: PG-13 (2022) 1 Hour 44 Minutes Armed Forces Day</p>
<p>Van to Local Churches 2:00-Movie (JR) “Eight Men Out” Rated: PG (1988) (2 Hours) 7:00-Movie (JR) “The Other Boleyn Girl” Rated: PG-13 (2008) 1 Hour 44 Minutes</p>	<p>10:00-Flexercise Class (OR) 10:00-Grocery Shopping #1 10:45-Fun & Fit Class (OR) 12:30-Aqua Therapy Pool 1:30-Catholic Communion (C) 2:00-BUNCO! (KR) 3:00-Grocery Shopping #2 7:00-Berlin Philharmonic (JR)</p> <p>Victoria Day (Canada)</p>	<p>10-Byck Elementary School “Cookie Give-a-Way” (OR) 11:00-Strength & Balance (OR) L & N Credit Union 11 a.m. to 2 p.m. – Coffee Cafe 1:30-Sit and Fit Class (OR) 2-Blood Pressure Clinic (#515) 2:00-The Knitting Bee (ML) 3-VLS “How the Earth Works” 5:30-Music with Kevin (ML) 7-Rick Steves Travel Video</p>	<p>10:00-Flexercise Class (OR) 10:45-Yoga Stretch (OR) 11:00-Devotion with Dr. Jim Cobban (C) 1:30-Clackers (KR) 2:30-Ice Cream Treats (ML)</p>	<p>10-Strength & Balance (OR) 10:45-Depart for Lunch at “Our Best Restaurant” 1:30-Sit and Fit Class (OR) 2:00-Scrabble (KR) 3:00-Swing Street Combo (OR) 7:00-Popcorn & a Movie (JR) “Shall We Dance?” Rated: PG-13 (2004) 1 Hour 46 Minutes</p>	<p>10:00-Flexercise Class (OR) 10:00-Grocery Shopping 10:30-Wii Bowling (KR) 10:45-Forever Fit Class (OR) 2-VLS “The World at War” (JR) 3-Conversation on Race (OR) 7:00-Popcorn & a Movie (JR) “The Bookshop” Rated: PG (2017) 1 Hour 53 Minutes</p>	<p>10:00-Video Exercise With Bro. Mike (OR) 2:00-Movie Matinee (JR) “The Post” Rated: PG-13 (2017) 1 Hour 56 Minutes 7:00-Popcorn & a Movie (JR) “Shall We Dance?” Rated: PG-13 (2004) 1 Hour 46 Minutes</p>
<p>Van to Local Churches 2:00-Movie (JR) “The Bookshop” Rated: PG (2017) 1 Hour 53 Minutes 7:00-Movie (JR) “The Post” Rated: PG-13 (2017) 1 Hour 56 Minutes</p>	<p>Memorial Day Cookout Buffet 11:30 to 2:00 p.m. 7:00 -Berlin Philharmonic (JR)</p> <p>Memorial Day</p>	<p>10-Strength & Balance (OR) 1:30-Sit and Fit Class (OR) 2-Blood Pressure Clinic (#515) 2:00-The Knitting Bee (ML) 3-VLS “How the Earth Works” 5:30-Music with Kevin (ML) 7:00-Rick Steves Travel Video (JR)</p>	<p>10:00-Flexercise Class (OR) 10:45-Yoga Stretch (OR) 11:00-Devotion with Chaplain Steve Cavanaugh (C) 1:30-BINGO!! (OR) 2:30-Ice Cream Treats (ML) 2:30-Circle of Friendship (KR) 7-Special 5th Weds. Event The Birmingham Royal Ballet presents: Prokofiev’s “Cinderella” (JR)</p>	<h1>May 2023</h1> <h2>Independent Living Activity</h2>		