

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Van to Local Churches Sunday Brunch 11:30 a.m. to 2 p.m. 3:00 –“Gilded Age”(JR) Season 3, Episode 5 7:00-Popcorn and a Movie (JR)	10-Flexercise Class (OR) 10:00-Grocery Shopping #1 12:30-Depart for Therapy Pool 2-Catholic Mass (Chapel) 3:00-Bunco! (KR) 3:00-Grocery Shopping #2 7-Berlin Philharmonic (OR) <small>Purim Begins</small>	10-Strength & Balance (OR) 11-Yoga Stretch & Relax (OR) 1:30-Sit & Fit Class (OR) 1:30-Bookmobile (KR) 2:00-Knitting Bee (Lobby) 2:00-B. P. Clinic (#515) 2:30-Mexican Train (KR) 2:30-Video Lecture Series 5:30-Music with Kevin Hill 7:00-Documentary (JR) 9:00-U of L vs Syracuse (JR)	10-Flexercise Class (OR) 11:00-Devotion with Cristi Cobban (Chapel) 3:00-“Stories in Mind” (OR) with The Frazier History Museum	10-Strength & Balance (OR) 10-Shopping at Walgreens 11:00-Tai Chi Class (OR) 1:30-Sit and Fit Class (OR) 1:30-Scrabble (KR) 7-Popcorn & a Movie (JR)	10-Flexercise Class (OR) 10:00-Shopping at Kroger 12:00-Pizza Party (OR) 1:30-BINGO! (OR) 7-Popcorn & a Movie (JR) Reminder....Set your clocks FORWARD 1-Hour tonight	10:00-Video Exercise with Bro. Mike (OR) 2:00-U of L Basketball at Miami (JR) 7-Popcorn & a Movie (JR)
Van to Local Churches Sunday Brunch 11:30 a.m. to 2 p.m. 1:30-Depart for Speed Museum 3:00 –“Gilded Age”(JR) Season 3, Episode 6 7:00-Popcorn and a Movie (JR) <small>Daylight Saving Time Begins</small>	9:30-Resident Bd. Mtg (DR) 9:30-Coffee & Donuts (OR) 10-Res. Council Mtg. (OR) 11:00-Grocery Shopping #1 12:30-Depart for Therapy Pool 2-Catholic Communion 3:00-Bunco! (KR) 3:00-Grocery Shopping #2 7-Berlin Philharmonic (OR)	L & N Banking Assistance 9 to 11 – Coffee Cafe 10-Strength & Balance (OR) 11-Yoga Stretch & Relax (OR) 1:30-Sit & Fit Class (OR) 2:00-Knitting Bee (Lobby) 2:00-B. P. Clinic (#515) 2:30-Mexican Train (KR) 2:30-Video Lecture Series 5:30-Music with Kevin Hill 7:00-Documentary (JR)	The Second Act presents: “What Do Girls Want?” 11:00 a.m. – Oak Room Irish Dance Program From the McClanahan School of Irish Dance 6:30 p.m.-Oak Room	10-Strength & Balance (OR) 10-Depart for “Big, Bad, Breakfast” 11:00-Tai Chi Class (OR) 1:30-Sit and Fit Class (OR) 1:30-Scrabble (KR) 7-Popcorn & a Movie (JR)	10-Flexercise Class (OR) 10:00-Shopping at Trader Joes “Stretching the Mind” with John E. Kleber, Ph.D. “I am Bound for the Promised Land” Colonial Kentucky’s Seduction	10:00-Video Exercise with Bro. Mike (OR) Girl Scout Cookie Sale! 11 a.m. to 1 p.m. - Lobby 2:00-Movie Matinee (JR) 7-Popcorn & a Movie (JR)
Van to Local Churches Sunday Brunch 11:30 a.m. to 2 p.m. St. Pat’s Sing-a-long 1:00 p.m. - Lobby 3:00 –“Gilded Age”(JR) Season 3, Episode 7 7-Popcorn and a Movie (JR)	10-Flexercise Class (OR) 10:00-Grocery Shopping #1 12:30-Depart for Therapy Pool 2:00-Catholic Mass (Chapel) 3:00-Bunco! (KR) 3:00-Grocery Shopping #2 7-Berlin Philharmonic (OR)	8:30-Dr. Scott, Podiatrist(DR) 10-Strength & Balance (OR) 11-Yoga Stretch & Relax (OR) St. Patrick’s Day Buffet 11:30 a.m. to 1:00 p.m. 1:30-Sit & Fit Class (OR) 2-Knitting Bee 2- B.P. Clinic 2:30-Mexican Train (KR) 2:30-Video Lecture Series 5:30-Music with Kevin Hill 7:00-Documentary (JR) <small>St. Patrick’s Day</small>	10-Flexercise Class (OR) 11:00-Devotion with Dr. Jim Cobban (Chapel) 12- Birthday Lunch (DR) 3:00-“Stories in Mind” (OR) with The Frazier History Museum TOT’s Great Drama Series presents: Henrik Ibsen’s “A Doll’s House” 7:00 p.m. – Jefferson Room	10-Strength & Balance (OR) 10-Derby City Gaming with Lunch on site at Lil’ Wagner’s 11:00-Tai Chi Class (OR) 1:30-Sit and Fit Class (OR) 1:30-Scrabble (KR) 2:30-Tom Seel in Concert (L) 7-Popcorn & a Movie (JR)	10-Flexercise Class (OR) 10:00-Shopping at Kroger 1:30-BINGO! (OR) Celebrate Spring with a Little Ice Cream! 2:30 p.m. - Lobby 7-Popcorn and a Movie (JR) <small>Spring Begins</small>	10:00-Video Exercise with Bro. Mike (OR) 2:00-Movie Matinee (JR) Memorial Visitation for George Wombwell 3 to 5 p.m. – Oak Room 7-Popcorn & a Movie (JR)
Van to Local Churches Sunday Brunch 11:30 a.m. to 2 p.m. Tim Harper In Concert 2:00 p.m. – Oak Room 3:00 –“Gilded Age”(JR) Season 3, Episode 8 7-Popcorn and a Movie (JR)	10-Flexercise Class (OR) 10:00-Grocery Shopping #1 12:30-Depart for Therapy Pool 2-Catholic Communion (C) 3:00-Bunco! (KR) 3:00-Grocery Shopping #2 4:30-Stoney River Steakhouse 7-Berlin Philharmonic (OR)	L & N Banking Assistance 9 to 11 – Coffee Cafe 10-Strength & Balance (OR) 11-Yoga Stretch & Relax (OR) **1:00-Sit & Fit Class (OR) **please note this time change 2-Knitting Bee 2-B.P.Clinic 2:00-B. P. Clinic (#515) 2:30-Mexican Train (KR) 2:30-Video Lecture Series 5:30-Music with Kevin Hill 7:00-Documentary (JR)	10-Flexercise Class (OR) 11:00-Devotion with Cristi Cobban (Chapel) 2:30-Circle of Friendship(KR) TOT’s Night at the Opera presents: Alban Berg’s “Wozzeck” 7:00 p.m. – Jefferson Room	10-Strength & Balance (OR) 10-Shopping at Dollar Tree 11:00-Tai Chi Class (OR) 1:30-Sit and Fit Class (OR) 1:30-Scrabble (KR) Family and Friends Karaoke Night with Kevin 7 to 8:30 p.m. - Oak Room	Mrs. Melton’s Candy Sale 10 to 1 in the Lobby 10-Flexercise Class (OR) 10:00-Shopping at Kroger CONVERSATIONS With Marcia Segal 2:00 p.m. – Oak Room Les Six in Concert 7:00 p.m. – Oak Room	10:00-Video Exercise with Bro. Mike (OR) 2:00-Movie Matinee (JR) 7-Popcorn & a Movie (JR)
Van to Local Churches Sunday Brunch 11:30 a.m. to 2 p.m. 2:15-Depart for Chamber Music Society Concert at U of L School of Music 7:00-Popcorn and a Movie (JR) <small>Palm Sunday</small>	10-Flexercise Class (OR) 10:00-Grocery Shopping #1 12:30-Depart for Therapy Pool 2:00-Catholic Mass (Chapel) 3:00-Bunco! (KR) 3:00-Grocery Shopping #2 7-Berlin Philharmonic (OR)	10-Strength & Balance (OR) 11-Yoga Stretch & Relax (OR) 1:30-Sit & Fit Class (OR) 2:00-Knitting Bee (Lobby) 2:00-B. P. Clinic (#515) 2:30-Mexican Train (KR) 2:30-Video Lecture Series 5:30-Music with Kevin Hill 7:00-Documentary (JR)	<h1>March 2026</h1> <h2>Independent Living – Activities Calendar</h2>			